



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Signature Treatments		
Absolute Body Bliss <i>Relaxing massage with a classic facial & scalp massage</i>	110min	R 680
Body Bliss Taster <i>Relaxing back massage combined with a basic facial, neck & scalp massage</i>	70min	R 430
Facial Therapy		
Basic Facial	60min	R 390
Classic Facial	80min	R 490
Specialised Facial	90min	R 590
Hands & Feet		
Spa Manicure	45min	R 190
Spa Pedicure	60min	R 280
French Paint	15min	R 60
Normal Paint	15min	R 50
Massages		
Full Body Massage	60min	R 450
Back, Neck & Shoulder	25min	R 250
Back, Neck & Shoulder	45min	R 380
Hot Stone Therapy & Steam	80min	R 580
Indian Head Massage	25min	R 220
Body Therapy		
Detox Body Wrap & Massage <i>Foil wrap with mud treatment includes massage and scalp treatment</i>	105min	R 740
Salt Glow & Massage <i>Salt body exfoliation and massage</i>	90min	R 590
Steam Room Sessions		
Per Session	30min	R 60
Tinting & Hair Removal		
Eyebrow Shape	10min	R 60
Eyelash Tint	15min	R 60
Eyebrow Tint	10min	R 60
Full Leg Wax	45min	R 180
Half Leg Wax	30min	R 150
Bikini or Under Arm Wax	20min	R 90
Lip or Chin Wax	10min	R 60
Mens Corner		
Mens Facial	45min	R 290
Sports Facial	60min	R 390
Sports Pedicure	60min	R 280
Sports Full Body Massage	60min	R 450

Body Bliss Packages

Ultimate Bliss <i>Steam session, detox body wrap, foot massage, hot stone therapy massage And a classic facial</i>	185min	R 1190
Soothes <i>Steam session, back & shoulder massage</i>	45min	R 290
Revitalise <i>Steam session, salt wrap, scalp massage, Massage and a basic facial</i>	165min	R 970
De-stress <i>Steam session, massage and a facial</i>	80min	R 450
Unwind <i>Steam session, back, neck & shoulder massage and a foot massage</i>	70min	R 400
Happy Feet <i>Steam Session and a Spa Pedicure</i>	80min	R 320

Junior Bliss Packages

Mini Hand Massage	25min	R100
Playful Mani	30min	R150
Toe Tickling Feet Fun	25min	R120
Playful Pedi	30min	R170
Junior Head, Neck and Shoulder Massage	20min	R100

Junior Bliss treatments are designed specifically for children aged between 5-16 years!

Parental supervision is required for the duration of the treatment.

Prices are subject to change



Contact Details

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