



BODY BLISS

Day Spa

Operating hours: Monday - Sunday from 8am - 5pm

Body Bliss Treatments

Signature Treatments

Absolute Body Bliss 110min R 820
Relaxing massage with a classic facial & scalp massage

Body Bliss Taster 70min R 520
Relaxing back massage combined with a basic facial, neck & scalp massage

Facial Therapy

Basic Facial 60min R 470
 Classic Facial 80min R 590
 Specialised Facial 90min R 700

Hands & Feet

Spa Manicure 45min R 260
 Spa Pedicure 60min R 350
 French Paint 15min R 60
 Normal Paint 15min R 50

Massages

Full Body Massage 60min R 540
 Full Body Massage (outdoor gazebo) ^{NEW} 50min R 480
 Back, Neck & Shoulder 25min R 300
 Back, Neck & Shoulder 45min R 460
 Back Massage (outdoor gazebo) ^{NEW} 20min R 230
 Foot or Hand Massage ^{NEW} 25min R 260
 Foot or Hand Massage (outdoor gazebo) ^{NEW} 20min R 230
 Back & Foot Massage (outdoor gazebo) ^{NEW} 40min R 420
 Hot Stone Therapy & Jacuzzi 80min R 700
 Indian Head Massage 25min R 260

Body Therapy

Detox Body Wrap & Massage 105min R 890
Foil wrap with mud treatment includes massage and scalp treatment
 Salt Glow & Massage 90min R 710
Salt body exfoliation and massage

Jacuzzi Sessions

Per Session 30min R 100

Tinting & Hair Removal

Eyebrow Shape 10min R 90
 Eyelash Tint 15min R 90
 Eyebrow Tint 10min R 90
 Full Leg Wax 45min R 270
 Half Leg Wax 30min R 200
 Bikini or Under Arm Wax 20min R 140
 Lip or Chin Wax 10min R 90

Mens Corner

Mens Facial 45min R 350
 Sports Facial 60min R 470
 Sports Pedicure 60min R 350
 Sports Full Body Massage 60min R 540

Prices are subject to change

Body Bliss Packages

Ultimate Bliss 185min R 1420
Jacuzzi session, detox body wrap, foot massage, hot stone therapy massage And a classic facial

Soothes 45min R 350
Jacuzzi session, back & shoulder massage

Revitalise 165min R 1150
Jacuzzi session, salt wrap, scalp massage, Massage and a basic facial

De-stress 80min R 540
Jacuzzi session, massage and a facial

Unwind 70min R 480
Jacuzzi session, back, neck & shoulder massage and a foot massage

Happy Feet 80min R 390
Jacuzzi Session and a Spa Pedicure

Junior Bliss Packages

Mini Hand Massage 25min R 120

Playful Mani 30min R 180

Toe Tickling Feet Fun 25min R 150

Playful Pedi 30min R 200

Junior Head, Neck and Shoulder Massage 20min R 120

Junior Bliss treatments are designed specifically for children aged between 5 -16 years.

Parental supervision is required for the duration of the treatment.



THE
KINGDOM
 RESORT

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